



# ARM

## Allegany Region Missions

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www.ARMissions.org

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*Mission Statement of Allegany Region Missions*  
"Allegany Region Missions provides a multi-denominational Christian mission ministry to the needy of the world, through a focus on mission projects and programs in medical, surgical, construction and education."

### Pray for ARM's January Teams

As the January teams head to Haiti to minister in the name of Christ, please keep each team in your daily prayers. Here are some ideas to pray about for each team:

- January 24 - February 1: Women's Health Clinic**
- January 29 - February 8: Construction, Surgeries, Education and Mobile Medical**

PRAY FOR:

- Health, safety, and a serving heart for each team member.
- Team camaraderie, sensitivity and open communication.
- Travel mercies to and from Haiti, and within Haiti.
- Families left at home.
- Endurance for the busy week of service in the heat and environment of Haiti.
- Awareness and sensitivity of cultural differences.
- Impact on the Haiti people in each avenue of service:
  - Discernment in the treatment of patients
  - Construction safety and an extra "measure" of strength and health
  - Clarity in teaching and ability to communicate Christ's love
- Christ's special touch on the hearts of each team member as they serve.
- Growth in spiritual life, personal devotions, discernment of God's leading.
- Pray for the Haitian people - open hearts to Christ
  - patience in dealing with teams

### Haiti Celebrates 200 Years

January 1st Haiti celebrated its 200th anniversary, marking its freedom from France in 1804 and gaining the distinction as the first free black nation in the world.

economy and government corruption as some of the basis for their actions. The future of Haiti is definitely in flux, as they struggle for freedom and peace within their own borders.

In the midst of continued demonstrations and strikes, the people of Haiti to try to pressure President Jean-Bertrand Aristide to step down. The opposition to Aristide sites the continued plight of the poor, the struggling

Continue to pray for Haiti, for our Christian brothers and sisters, and for the missionaries serving in this land.

Check out [www.ARMissions.org](http://www.ARMissions.org) for more prayer ideas as you bring Haiti before our Lord.



### Donut Sales

The last Krispy Kreme sale was held in December 2003, completing this fundraising avenue.

Due to the increase in are locations selling Krispy-Kreme donuts and other organizations finding this great source of fund-raising, the ability to sell these delicious treats has run into a roadblock.

With ARM's non-profit status soon to be awarded, we will begin to look for other ways to help finance the mission trip costs:

- ~\$500—surgical supplies & drugs
  - ~\$1000—mobile medical drugs
  - ~\$1000—construction supplies
- Stay tuned....

### ARM Awarded Corporation Status

ARM received word from Randy Hastings (lawyer) that our incorporation status was granted by New York State. This was the 2nd step of the 3-step process to becoming a non-profit organization.

The paperwork for 501c3 status has been submitted to the federal government and we hope to hear by March or April as to the acceptability of the application.

If all goes well, we may be "official" by this summer.

### Creole Made Easy By Wally Turnbull

Are you interested in learning a little Creole as you head to Haiti?

Lynn Ellis, a Haiti traveler, described the book as follows, "Creole Made Easy by Wally Turnbull, is the best book I have found to help me learn some basic Creole."

Lynn purchased a few copies of Creole Made Easy and is willing to sell them, at cost, for \$15. Anyone interested, please contact Lynn at:

lellisinhaiti@yahoo.com  
or 716-358-4560.



Other resources:

The Basic Oxford Picture Dictionary: English/Haitian Creole. By Margot Gramer. Family, time, clothes, & more.

Pimsleur Language Program: Haitian Creole. 5 audio cassettes - traveler oriented

## Getting Your Church and Others Involved

Many short-term mission travelers ask "how can I get my church involved without having to ask for money?" Below are some great ideas for collecting items and the category in which the items will be put to use. Also contact a team leader to see if they know of a special need or if they have spoken with the missionaries for their needs. Every item donated by special people allows us to focus our resources on items that cannot be donated (i.e. surgical gases, prescription meds, construction supplies and etc.)

### Mobile Medical - Pharmacy:

- Children's chewable vitamins
- Children's chewable Tylenol (or other brand)
- TUMS and other antacids
- Eye drops (lubricating drops - ampules)
- Misc. Pharmacy supplies, i.e. Ziploc bags, lunch bags, cellophane tape, address labels, etc. (call Michele Harms for a list of needs; 716-985-4438)

### Mobile Medical:

- Bars of Soap - for every patient seen

### Education - Vacation Bible School:

- Stickers
- Crayons (high quality so don't melt)
- Coloring books / pages
- Construction paper, scissors, etc.
- School supplies
- Small toys
- (contact Sam Huffman 716-358-3492)

### Pantry Items - for Missionaries & team use:

- Dry cake, muffin and etc. mixes
- Kool-aid (all flavors)
- Pastas (egg noodles, etc)
- Peanut butter & Jelly
- Pringles, all flavors
- chocolate chips
- (more ideas: call Molly Lindberg 716-358-3046)

## Dates to remember:

### April's Haiti trip team meeting:

January 27, 2004  
 Tuesday, 7:00pm  
 East Randolph United Methodist  
 Call Molly Lindberg if you are unable to attend this important meeting. Molly: 716-358-3046

### ARM Ministry Meeting (full member):

March 6, Saturday at 6:00pm  
 East Randolph United Methodist  
 Dish-to-pass dinner  
 Hear about the January trips and how God worked through lives.

### Director's meeting:

March 30, Tuesday, 7:15pm



## Mission Construction



In the town of Guyamme-Mauge, Haiti, stands a new church started in 1992 and finished in 1995, all done by volunteer labor—a labor of love.

This church came in to being because a retired couple in their 70's from Summersville, PA visited Haiti and had a yearning to help in God's work. They donated the money, called in others to help with construction and along with the help of 15 Haitians, the church dedication commemorated the unity between Christians.

All of this was the result of many people willing to say "Here am I Lord, send me." The workers were not carpenters, block layers or cement finishers by trade, just willing workers.

Are you being challenged to step out by God ; to start the most exciting part of your life? God always has room for willing workers. For more information, contact Don Cable, ARM Construction Ministry Coordinator; 814-757-8102.

Article submitted by Don Cable.

## Heart of a Servant

The focus of any mission trip is service—focusing on others. When trips include hot temperatures, exhaustion and stresses we can quickly fall into our human shortcomings and frailties. Despite the actions of others or things that occur around us, we need to reflect the heart of Jesus. Sometimes this is not an easy task, so here are some helpful ideas which will hopefully spark even more ideas:



1. Spend quiet time with Jesus, in prayer and reading the Bible, each morning.

2. "Put on" the armor of God (Eph 6:10-18), visualizing each step.

3. Make a point to watch others (including the missionaries) and lend a hand to spread out tasks and alleviate stresses.

It is fun (and sobering) to think of our Lord here on earth and how He dealt with twelve "unique" men. Knowing that our Lord was more than patient in seemingly trying circumstances can give us encouragement as we know we can rely on Him to help us through.

May each of us shine for Jesus as we serve and love in His name



ARM

Allegheny Region Missions, Inc.  
 PO Box 294  
 Randolph, NY 14772

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through Him.

Colossians 3:12 & 17